



Exodus Liturgical Resources

Week Three

Exodus 16:9-26

Opening Sentence

For the bread of God is that which comes down from heaven and gives life to the world. *(John 6:33)*

Penitence

Lord, when we have grumbled against you because we find things difficult
Lord have mercy, **Lord have mercy.**

Lord, when we have failed to trust your goodness and your promise to meet our needs
Christ have mercy, **Christ have mercy.**

Lord, when we have tried to hoard blessings for ourselves and failed to find rest and contentment in your love for us
Lord have mercy, **Lord have mercy.**

Collect

Father God,
you called your people out of Egypt
and in the desert taught them to trust your provision through the gift of manna:
give us hearts that are humble to obey,
minds that are open to learn
and faith that is willing to trust your purposes

Intercessions

Father God, in the gift of manna you fed your hungry people in the desert. We pray for a world that is hungry and hurting. We pray for countries torn apart by war where those who suffer most do not carry guns. We pray for places where the rains do not fall and the crops do not grow. Especially we pray for
What is this gift we pray for? **It is the peace that the Lord gives.**

Father God, in the gift of manna your people knew that you are the Lord God. We pray for all those who work among the poorest people on earth, remembering in particular Christian agencies that declare your love, compassion and justice. We pray for those who live and speak the Gospel of Christ often in circumstances of great difficulty and personal risk. Especially we pray for ...
What is this gift we pray for? **It is the hope that the Lord gives.**

Father God, in your gift of manna you exposed the greedy who hoarded the gift. We pray for justice and integrity among the leaders of nations. We pray for an end to the corruption of governments that betray their people and unjust trading laws that keep the poor getting poorer. Especially we pray for ...
What is this gift we pray for? **It is the justice that the Lord gives.**

Father God, in the gift of manna you gave the blessing of Sabbath rest. Bless our homes, our families and friends and all whom we love and care for. Grant us healing of our hurts, wholeness in all our doings and your peace in our hearts and homes. Especially we pray for ...

What is this gift we pray for? **It is the joy that the Lord gives.**

Father God, in the gift of manna you provided for the sick, the elderly, the orphan and the vulnerable for they did not go hungry. We pray for the sick and those who care for them, remembering especially.... We pray also for those that grieve, whose lives have been shattered by the death of a loved one, remembering especially.... As the gift of manna fell day by day, grant to those we name your grace, sufficient for each day.
What is this gift we pray for? **It is the healing that the Lord gives.**

Offertory

Use this responsive statement at the offertory or towards the end of the service or group time to give everyone an opportunity to affirm their intention to trust God to provide for their needs. It links to the Israelites' questioning of whether God was with them in the desert (Ex 17:7).

As we remember how God provided all his people needed in the past, we face the challenge of trusting him today.
Shall we trust God to provide all we need?

Yes, because the Lord our God is with us.

Shall we be sure of God when times are hard?

Yes, because the Lord our God is with us.

Shall we keep close to God when we have plenty?

Yes, because the Lord our God is with us.

Shall we love God by using all we have for him?

Yes, because the Lord our God is with us.

Shall we bring our gifts gladly?

Yes, because the Lord our God is with us.

Post communion prayer

Lord God you fed your people with manna in the wilderness; through that gracious gift your people knew your presence and were challenged to live by faith and trust in your promises. Grant that we who have been fed by your gifts of bread and wine might day by day know your presence with us that we may do justice, love mercy and walk humbly with you, our God.

Blessing

May the Holy Spirit who gives gifts to all people,
flood your hearts with thanksgiving to God.
And the blessing of God Almighty

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